

Biography

I graduated from the Baltimore School of Massage, Baltimore Campus in 1997 and have been practicing massage since then. My training and experience is in Swedish, Deep Tissue, Myofascial Release, Integrative Reflexology®, and Hot Stone Massage. I received my First Degree Reiki training in 2001 from Reiki Master/Author, Margaret Lee Lyles and plan to extend my Reiki training in the future. I'm always learning, in order to add to my list of modalities.

In prior years, as a Maryland resident, Healing Hands Massage Therapy existed in Cockeysville, Maryland. It was there that I participated in numerous outreach events to include Health Expos, Women's Fairs and helped to spearhead The Injured Worker's Insurance Fund Employee Wellness program. I now run my business from home, here in York, PA.

I have a B.A. degree from Penn State University, with a special interest in Creative Writing. I enjoy volleyball, tennis, cooking, entertaining and covet time with friends and family. I have a genuine love of life and a knack for making people feel good. My years of experience, passion for people and warm, nurturing and outgoing personality are what make me a perfect fit for the field of alternative healing.

Gift Certificates Available!



York, PA 17402
443. 299. 2083

<http://www.megshealinghands.com>
megshealinghands@comcast.net



Healing Hands Massage Therapy

Megan Delaney, LMT



Relaxation Massage

Therapeutic Massage

Integrative Reflexology®

Reiki



Hot Stone Therapy

Aromatherapy

Foot Scrubs

Mobile Spa Services